

Four County Mental Health Center, Inc.

**Presented by
Greg Hennen, Executive Director**

April 16, 2013

Four County Mental Health Center, Inc.

- Serving Montgomery, Wilson, Elk, and Chautauqua counties in southeast Kansas.
- Approximately 54,000 covered lives in catchment area.
- At any given time FCMHC has 4300 active patients
- Approximately one-third of active patients are adults with SPMI or children with SED
- SPMI adults have dramatically reduced life expectancy (25 years less)

FCMHC – History of Integration

- First introduced philosophy to medical services staff in 2006
- Notion was not immediately embraced
- Psychiatry, as a specialty, was most often separate from primary care and practitioners were not comfortable with provider boundaries and treatment focuses changing.
- Lesson Learned: It is not as simple as just changing what treatment occurs within the walls. The entire culture of the clinic needs to change.
- Practitioners are quickly “on board” when enhanced patient outcomes are realized.

FCMHC First Steps – Collaborative Care

- October 2010 we were part of a pilot program on the integration of primary and behavioral health care
- Primary care partner was a small community clinic located in Independence, Ks.
- Montgomery County Community Clinic (MC3)
- Both agencies identified patients in common and secured releases of information
- Collected health data using the SF-12 Patient Questionnaire
- Identified nurse liaisons in both facilities who communicated regularly regarding approximately 60 patients

From Collaborative Care to Integrated Clinic

- In January 2012 MC3 Clinic turned its operations over to the Community Health Center of Southeast Kansas (CHC of SEK)
- CHC opened an FQHC site in Coffeyville, Kansas
- The partnership at that clinic resulted in FCMHC staff providing the behavioral health consultation and CHC staff providing the primary and dental care.
- Lesson Learned: Additional service needs were identified and addressed in both the primary and mental health populations once the multi-disciplinary provider resources were shoulder to shoulder interacting with the same patients.

From Integrated Clinic to Clinics x 3

- Fall semester 2012 a second integrated clinic site was opened within the walls of the USD 445 Community Elementary School in Coffeyville, Kansas
- Fall 2013 a third integrated clinic site will be opened on the campus of the Coffeyville Field Kindley High School
- Lesson Learned: Access to care is not just about an adequate number of providers in the community and/or transportation. Minimized disruption to all family member's day, increased awareness and education, and active healthcare outreach by teachers/school personnel resulted in increased care.

Next Steps: Co-location within CMHC

- Plans are being finalized to begin re-modeling the FCMHC Independence office building so CHC-SEK primary care and dental professionals can address the additional treatment needs of our patient population.
- FCMHC licensed mental health professional is completing Physician Assistant training at WSU in May 2014.
- Psychiatry staff at Independence location are excited to see the plans for primary care exam rooms and dental chairs across the hall from their offices.
- Anticipate opening integrated service clinic to the mental health population of northern Montgomery county in September 2013.